

NOVEMBER 2019 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EEC Lunch (NNC) <i>MENUS ARE SUBJECT TO CHANGE</i>				
				11-1 Orange Meatball Rice Bowl Broccoli Buds Frozen Peach Pop
11-4 Garlicky Cheese Bread - V Cooked Baby Carrots Sweet Corn Fruit	11-5 Philly Steak & Cheese Pinwheel Fiesta Pinto Beans Frozen Juice Slush	11-6 Taco Bean Dip Artisan Roll Tangy Salsa Cup Fruit	11-7 Salisbury Steak with Gravy Aloha Roll Fresh Garden Salad Frozen Fruit Cup	11-8 Cheese Burger Sliders Waffle Cut Fries Frozen Peach Pop
11-11 VETERANS DAY HOLIDAY	11-12 Garlicky Cheese Bread - V Marinara Sauce Cup Frozen Juice Cup	11-13 All American Burger Golden Hash Brown Patties Fruit	11-14 Mini Teriyaki Chicken Sandwich Fresh Garden Salad Frozen Fruit Cup	11-15 Taco Bean Dip Artisan Roll Tangy Salsa Cup Frozen Peach Pop
11-18 Garlicky Cheese Bread - V Cooked Baby Carrots Fruit	11-19 Salisbury Steak with Gravy Southern Buttermilk Biscuit Fiesta Pinto Beans Frozen Juice Slush	11-20 Holiday Turkey and Gravy with Stuffing Aloha Roll Fresh Garden Salad Fruit	11-21 WG Pepperoni Pizza Wedge Golden Hash Brown Patties Frozen Juice Cup	11-22 Orange Meatball Rice Bowl Broccoli Buds Frozen Peach Pop
11-25 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	11-26 Beef & Cheese Taco Burrito Tangy Salsa Cup Frozen Juice Slush	11-27 Cheese Burger Sliders Golden Hash Brown Patties Fruit	11-28 THANKSGIVING DAY HOLIDAY	11-29 THANKSGIVING DAY HOLIDAY

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

All of the Grain/Bread items served are Whole Grain Rich.

V: Vegetarian items

** Farm Fresh Fruits: Apple, Orange, Banana

Daily Vegetarian Options: Deli Cheese Sandwich, Toasted Cheese Sandwich